



JUNE 2026

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# CONTACT

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EAST HARLING - WEST HARLING - BRIDGHAM - ROUDHAM -  
BRETENHAM - LARLING - RUSHFORD

## VILLAGE NEWS AND EVENTS

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Also published on line on the following web pages

<https://www.facebook.com/ehsspp20/>

<https://www.harlingguiltcrossbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>

<https://roudhamandlarlingparishcouncil.gov.uk/>

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## HARLING AND GUILTCROSS BENEFICE



**Priest in charge:** *Benefice in Vacancy*

**Assistant Priest:** Revd Lynn Fry Tel: 07554930054,

**Email:** [lynnandtony@outlook.com](mailto:lynnandtony@outlook.com)

### Welcome to our Services in June 2026

	Sunday 7th June Trinity 1	Sunday 14 <sup>th</sup> June Trinity 2	Sunday 21 <sup>st</sup> June Trinity 3	Sunday 28 <sup>th</sup> June Trinity 4
East Harling	11.00am Worship Together  6.00 pm Soul Cafe	9.30 am Morning Prayer	9.30 Holy Communion	9.30 Holy Com'union
Garboldi- sham	9.30am Morning Prayer	9.30am Holy Communion	11.00am Holy Communion	9.30am Holy Com'union
Wretham	9.30am Morning Prayer		9.30am Holy Communion	
Bridgham	11.00am Holy Communion		11.00am Morning Prayer	
Larling		11.00am Morning Prayer		11.00am Morning Prayer
Shrop- ham			9.30am Holy Com'nion	
Blo Norton		No Service  Please join in with one of our other churches		
Riddles- worth				6.30 Evensong
Rushford	9.30am Holy Communion			
Bretten- ham				



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~ Parish Records 2026 ~  
Funerals

We offer our condolences to the family and friends of:-

Chris Kenny whose funeral was held at Breckland Crematorium on 21<sup>st</sup> April 2026.

David (Dave) Rogers whose funeral was held in East Harling Church on 22<sup>nd</sup> April followed by interment in the churchyard.

~Baptisms ~

Joshua Joseph Major and Kieron Craig Grech who were baptised in East Harling Church on 8<sup>th</sup> April 2026.

Poppy Jean Grech who was baptised in East Harling Church on 19<sup>th</sup> April 2026 the child of Laura Grech and Kieran Grech

Primrose Jessica Mace who was baptised in East Harling Church on 26<sup>th</sup> April the child of James and Hollie Mace.

~Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ

28<sup>th</sup> June Jeanette and Colin Riseborough – Congratulations on celebrating your Ruby wedding anniversary. With lots of love and Best Wishes from Mum, Dad, Mandy, Peter, Claire and all the family.

Please make sure your requests are clearly written,  
Donation of minimum £5/night should be enclosed (cheques payable to East Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church

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**The Friends of East Harling Church  
Invite you to a  
Summer Supper Evening  
on 19th June 2025 - 7.00pm  
At Hill Harling Farm  
Tickets £10 per head**  
[eastharlingchurchfriends@gmail.com](mailto:eastharlingchurchfriends@gmail.com) or  
07434 764288. To Order Tickets.

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**THANK YOU – Heather Kenny**

Heather, Jane, John and Karen Wish to say thank you to everyone that sent cards flowers and messengers of support on the loss of Chris. Also a big thank you to Pat Motram for a lovely service and to the many people who came. Donations to date amounted to £478. Thank you.

**METHODIST CHAPEL WHITE HART STREET**  
**Methodist Services in June 2026**

7th 6pm Soul Cafe at Old school Hall  
14th 6.30pm Rev David MacAloon  
21st 6.30pm Harling Praise (at Methodist church)  
28th 6.30pm Local Arrangement

**Quidenham Carmelite Monastery Chapel**  
**(Roman Catholic) Public Worship**

Daily Mass 8.00am  
Sunday Mass 10.30am  
Holy Days 8.00am  
For further information contact:  
David & Gerda Bailey (01953) 717639



**Help please!**



If anyone would like to join our small churchyard maintenance team we meet alternate Wednesday evenings 6.30-7.30. Light duties of weeding, trimming, grass cutting and Natter!!

Look forward to seeing you.  
Please ring Tony Fry 07313011419 if you have any queries. Thank you.

**NO EXPERIENCE NECESSARY!**

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**THANK YOU FROM SUZANNE**

I would like to thank Lesley and all my lovely colleagues for the wonderful gifts and cards received on my Retirement from East Harling Pharmacy, after serving the community for the past 21 years.

Thank you also, to many lovely friends and customers, for the hugs, kind heartfelt words, cards and wonderful gifts.

Lastly, I would like to thank Jess at The Swan, for the excellent buffet provided for my Retirement celebration, for past and present colleagues.  
Kind regards, Suzanne (Larwood)

---

Everyone is invited to  
**Soup Church**  
fabulous fresh  
Homemade lunch



East Harling Methodist Church  
White Hart Street  
Please note unusual date  
**11.30am Tues 2<sup>nd</sup> June**  
Theme: Parables of Jesus

## **Benefice News**

Dear fellow human beings

In a world where technology seems to be advancing rapidly, it is difficult to keep up. What seems to belong in science fiction films is gradually becoming part of our everyday lives. Virtual assistants that help (?) book appointments to driverless cars and robot hoovers in our airports are all examples of the way Artificial Intelligence is changing the way we live our lives. Artificial Intelligence can write poetry, create pictures in the style of an artist and even produce videos. What would take hours of human research can be found in seconds by using Chat GPT. With Chat GPT we can explore difficult ideas and issues in the privacy of our homes. And huge improvements in scientific modelling and medical testing are being enabled by AI.

However, complex they may be, systems don't as yet have a conscience or consciousness or what we might call a soul. As they become more sophisticated and we blithely welcome them into our lives, there are some issues we might need to ponder.

Artificial Intelligence systems communicate effortlessly across vast networks but are dependent on technology working. As we become more deskilled (an example is map reading – how many people now rely on Google Maps for navigation?) we become more reliant on technology to complete tasks that we used to be able to do ourselves.

AI is not free. It takes huge amounts of electricity for power and clean water for cooling the vast data centres.

Every time we engage with AI we are giving away data about ourselves which can be used to build up a complex picture of our lives.

Knowledge which could once be found through research, often using our free libraries, is being concentrated in the data banks of a few very powerful and rich companies. One can imagine a world where books once again become available only to the very rich.

The late Pope Francis stressed that we should welcome innovation so long as we remain aware that technology serves humanity not the other way round. He went on to say that Artificial Intelligence should be judged not by profit or speed but by whether it protects human dignity and improves the quality of our lives, especially for the vulnerable.

Posting an inspirational verse or a movement that we want to support is not the same as interacting with real human beings. Real change happens offline in the messy but beautiful world of human beings. A computer may well produce a poem but doesn't understand the lived reality of it. It takes a human being who has walked on this earth to truly understand the reality of faith, love and hope.

This new age is going to be as world changing as the Industrial Revolution. Let's embrace it and use it. Christians believe that we are all made in the image of God. We are created, not made and not able to be reproduced as in a factory or a computer programme. We are all individuals who have the ability to touch and feel, have compassion, to love and to consider the lives of our fellow human brothers and sisters. Something out of reach of a machine – however sophisticated it may be.

Reverend Lynn



**Aaron Stokoe**  
**Certs CII MP & ER**

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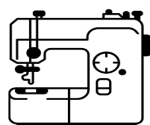
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 White Hart Street

**Coffee**  
**Morning**

*Sat 20<sup>th</sup> June*  
*10am-noon*  
**All Welcome!**




**Box Office NOW OPEN**  
 10th -12<sup>th</sup> July  
[www.harlingfringe.co.uk](http://www.harlingfringe.co.uk)

Three days of events, including: Drama, Show Tunes, Art, Classic Car Show, Car Maintenance, Comedy, Bands, Singers from Channel 4, Pre Edinburgh Fringe shows, Make a Festival Fish, Puppet Making, plus so much more, please head to website to prebook tickets. [www.harlingfringe.co.uk](http://www.harlingfringe.co.uk)

What's on at the Village Hall  
 Check our website [www.harlingoldschoolvillagehall.co.uk](http://www.harlingoldschoolvillagehall.co.uk)

 **JUNE** 

 **WED 3 JUNE**  
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 10-12 noon

**WED 17 JUNE**  
 Quiche Lunch   
 12 noon for 12.30  
 £8pp including dessert

**COMING UP SOON:**  
**FETE 5TH JULY - SAVE THE DATE**  
 Our popular fete returns and we are looking for craft stall holders and community groups

To book  
 Craft stalls call Rachel 07770896704

**Help required for Fete day- can you spare an hour or two? We could do with helpers! Can you donate a bottle for the wheelbarrow? Or may you've your business would like to sponsor the event?**



**we need you!**

HELP REQUIRED - to help us at the village fete on Sunday, 5<sup>th</sup> July. If you can spare an hour or so, or fancy helping us on a stall, please get in touch (details below)

**Sponsorship**

Would your business be willing to sponsor our event? All money raised on the day goes towards running costs of our village hall. 'The more we raise in sponsorship the better the event and more money that is raised. Even £20 or a bottle of Wine for our Water to Wine stall can really support our event. Sponsors will be named on our Social Media and displayed around the fete.

Please contact by email on or phone on?  
[Rachelstitchit71@gmail.com](mailto:Rachelstitchit71@gmail.com) or  
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 Text: 07803614526

**EAST HARLING FETE.**  
 SUNDAY 5th JULY 12 noon-4pm  
 POPLARS PLAYING FIELD behind Peppers Corner.  
 Magician, traditional children's games.  
 BBQ, BAR, TEA TENT and other refreshments.  
 Face painting and raffle.  
 Small animals encounter.  
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**East Harling  
FREEDOM  
OF THE  
PARISH AWARDS  
2026**

**NOMINATIONS ARE NOW OPEN!**

Open to residents of all ages from East Harling.

**NOMINATE SOMEONE WHO HAS:**

 Overcome personal barriers to achieve success	 Has been involved in fundraising
 Enhanced their local community or environment	 Shown commitment to a group or charity
 Is a young carer, for a relative or a neighbour	 Cares for others
 Helped to run a community or sports club	 Goes the extra mile
	 An unsung hero

★ This list is only an idea of the kind of nominations we will be looking at.

Please send in your nominations (50 words max) stating why this person deserves recognition to:  
[clerk@harlingparish.gov.uk](mailto:clerk@harlingparish.gov.uk)  
or  
Mrs Kate Filby, 5 The Bailwick, East Harling

**CLOSING DATE FOR NOMINATIONS:  
1ST JULY 2026**

♥ All nominations are reviewed by previous winners of the award.

**Harling  
In Bloom**

**20<sup>th</sup> June to 5<sup>th</sup> July**

Come and see all the lovely floral displays around the village!

Businesses and Community Organisations will be taking part during the two weeks and you'll also find beautiful floral displays under street name signs around the village.

Check out our Facebook page,  
**Harling In Bloom**  
for more information!

**Celebration of  
Music  
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Featuring**

**HARLING Singers** **KENNINGHALL Singers**  
**ATTLEBOROUGH Singers** **Jaxofun!**

**Friday 5th June  
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£7 pp entry includes buffet and a drink during the interval  
Cash payment on entry  
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All money raised goes to Macmillan Cancer Support UK  
[www.roundmidnightmusic.co.uk](http://www.roundmidnightmusic.co.uk)

  
**HARLING LADIES  
FRIENDSHIP Group**

In April, the Ladies Friendship Group ran a tea and cake stall, and sale of knitted and crocheted goods and raised £250.00 which was donated to East Harling Holiday Club. Many thanks for your support.

At our April meeting we had a 'Booze and Brushes' Night. One of our members Gill gave us a step-by-step guide to painting a landscape picture. Everyone had a great time and all were pleased with their works of art. It was also very therapeutic and relaxing. Many thanks to Gill, and hopefully we will have another evening.

In June, we will be having our annual walk and picnic at Lynford Arboretum. We will meet at 7pm by the Cafe. Please bring a plate of goodies to share at the picnic, and we look forward to seeing you there.

The Ladies Friendship Group usually meet on the third Tuesday of each month at the Old School Hall for 7.30pm. All are welcome. If you have any queries please ring me Jackie Underwood on 07725 126115.



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## June in the Garden

It gets harder to write these articles as all of my training and experience followed what were normal weather patterns. The new norm is that there is no norm. "April showers bring forth May flowers", but we had no showers in April and very few so far in May, but nevertheless the flowers have appeared. The blackcurrants and gooseberries have set, The Apples look promising and the plums are beginning to swell slowly.

With 3 weeks of May left as I write this the 14-day forecast is for a couple of cold nights, fairly average temperatures, and a few days with the possibility of rain. In spite of the vagaries of the weather everything in the garden is doing what it should, more or less on time, or even early.

### Tasks for June

**Wildflower garden:** While you are out and about enjoy the natural garden that nature provides in the forest and grass verges. During the winter the roadside verges up Lopham Road were stripped of much of the dense growth to allow a new hedgerow to be planted. The hedge is looking promising and the grass and wildflowers are magically reappearing.

Mow spring meadows towards the end of the month, or early in July. Leave the cut grass and stems for a few days for the seeds to drop, then rake up and compost.

**Lawns:** Mow, if necessary, with the blades set high. If you have room leave some space for nature (see above). Established grass will recover if the rain comes.

**Roses:** Remove any suckers as near to the base as possible. Cut out any dead wood. Remove dead flowers to encourage more blooms.

**Perennials:** Support taller growing perennials. Deadhead lupins and other perennials as soon as the flowers are over, with a bit of luck you may get a second set of flowers later in the summer. Raise your own hellebores. Collect the seed and sow while still fresh. They need the winter cold to break dormancy and will appear next Spring.

**Biennials:** By the middle of the month is your last chance to sow pansies, sweet Williams, forget-me-nots and primroses to plant out in the autumn for flowering next year. (Garden centres and nurseries will have plants ready to plant out in September).

**Annuals:** keep deadheading to promote more flowers.

**Greenhouse:** Finish pricking out seedlings. Plant tomatoes, peppers, and cucumbers – best in the ground but large pots will do. Remember to keep watered and feed regularly with a high potassium liquid feed– the greenhouse can get very hot if we have sun. Keep well ventilated. Plant a few French marigolds or tagetes which deter aphids.

**Pots, tubs and hanging baskets:** Keep well-watered, and feed flowers with a high potassium plant food (eg tomato food) weekly. Roots in a pot can't spread out looking for water and nutrients as they would in the ground.

**Bulbs and corms:** Divide and replant daffodils, narcissi, and bluebells if you didn't get round to it last month. Keep planting gladioli at fortnightly intervals to prolong the flowering season.

**Cuttings:** Young growth at this time of year makes good softwood cuttings. Use non-flowering shoots up to about 4 inches long (10 cms) from deciduous shrubs such as fuchsias, forsythia, mophead hydrangeas – don't forget to label!

**Fruit:** Protect cherries and redcurrants with netting unless you are growing for the birds. Pick gooseberries and blackcurrants when they are ripe. Continue pulling rhubarb stems and remove any flower stems. Watch out for woolly aphids on fruit trees. These sap sucking insects hide under a waxy fluff on branches and shoots. Use a small stiff brush to remove them.

**Vegetables:** If you only have a small space there is no reason why you can't mix flowers and vegetables in the same area. Sow outdoors: French and runner beans, beetroot, carrots, courgettes, marrows, lettuces, peas, radishes (a few at fortnightly intervals), spinach, and Florence fennel.

Plant out: sweetcorn, cauliflowers (not particularly good in the thin Brecks soil), courgettes, broccoli, Brussels sprouts, cabbages, leeks and tomatoes.

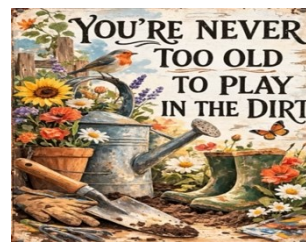
Harvest: First early potatoes, peas, asparagus (until the middle of June, then leave to grow on to build up the plants for next year), late sprouting broccoli, broad beans, spring and summer cabbages, radishes, and anything else that is ready.

**Compost** grass clippings.

**Cut** evergreen hedges such as yew. Don't do in full sun or cut leaves will scorch.

**Slugs** More of a problem this year after the grey fairly mild winter.

**And remember:**



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## FOCUS ON CHAPTER 15

A conversation at a craft fair in November, with a jam and pickle maker whose profits all went to feed the homeless in Thetford, set me on a path that led to Chapter 15. Until this conversation I wasn't aware of a tented village of homeless people in Thetford woods. Or the number of sofa surfers, temporary hostel dwellers and those floating between all three.

A search on Google led me to Chapter 15's website and the facilities they offered, not just food and drink but the chance for a hot shower and to launder their clothes, basic things we take for granted. It looked like something I might be able to donate some time to, so I filled in the online volunteer form.

I didn't know what to expect the first Wednesday that had been suggested as a day to see if it was for me. I suppose part of me was under the illusion that there was a reason for homelessness, addiction, aggression, laziness to name a few. What I found was a very diverse bunch of people with a myriad of reasons for having lost everything. My husband had always said we are all only 3 steps away from homelessness and that day I saw it was true. It wasn't a place full of the great unwashed, spitting, swearing and being generally scary, it was kind, a little sad and a bunch of people supporting each other. New guests were welcomed and offered support and advice by the group. There will always be the odd person that is not desirable, but the vibe is very much as a safe place, no swearing, alcohol or drugs, abusers of the rules are not welcomed back. What the guests want above all else is to be seen, to be treated with kindness and to tell their story

I find the 2.5 hours I spend there every other Saturday enjoyable, rewarding and a chance to use all the skills I acquired over a lifetime working. Currently, due to a shortage of volunteers, the centre is only open Wednesday 9.15 until 11.45 and every other Saturday 9.15 until 11.45. Having now become the Centre Co-ordinator I would like to see it open every Saturday, so *this is a blatant call for volunteers*. If you are looking for a rewarding use of a few hours a week, check out the Chapter 15 website and if you think it might be for you call me and come along to a session to see. We also take donations, check the website for details <https://www.chapter15.co.uk/>

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## 11 - Book review from Sally Mac

This month's selection are a mix of Kindle, audio books and hard copy books.

### Death at the White Hart by Chris Chibnall

This book was chosen by my book group organised by Norfolk County Council and it's brilliant, highly recommend the group. What I didn't realise at the time of reading is that Chris Chibnall is a screenwriter of Agatha Christie's Seven Dials programme on Netflix, Broadchurch, Doctor Who and some TV series. Reading this book was brilliant, it was so smooth and easy to read, brilliant writing. I have to say it took me a while to get into this book, but third time lucky I was absolutely hooked. Of course the person who "did it" isn't the person you think it will be. A great book, try it.

### Into the Storm by Cecilia Ahern

I found this book on BorrowBox, as it was a book available then, always appreciated. Often with Libby or BorrowBox your request goes into a queue which often by the time it is available, you've lost interest. Or perhaps that's me. The lovely lady who reads the book has a beautiful soothing Irish accent; I just couldn't stop listening to it.

This book is set in Ireland and is a whodunit mixed with a touch of mystical and featuring family drama...there is a lot going on but it is held together well and manages to create a good atmospheric story that even though at times almost reaches fanciful manages to pull itself back and continue on strongly.

It centres around events on a stormy night and what really did happen as Dr Enya Pickering came across a hit and run and saved the victims life...and when she randomly moves to a remote village that desperately needs a GP what is the mysterious 'cloth tree' that taps her window nightly and causes her such fear and anxiety. You could say it was a crime book, but actually it is more about family dynamics. It is certainly worth reading / hearing.

### The Lavender Killer by Keith Finney

Another new author, recommended to me by a friend who lives in Norfolk. As soon as I started it, I just couldn't put it down and read it in a day, well worth reading. This I didn't realise was no 8 in the series, time to read the books beforehand. I loved this as it described Norfolk scenery that I know. A great read.

### The Taxonomy of a threat by Matthew Chetwood (not published yet)

This was a draft book sent to me by a "potential" new author. It was a rather odd book. I was asked to review it and be honest in my feedback. He had asked me amongst others to review it.

It was supposedly set in 1950's France, however the author seemed to be undecided about which countries the characters were set in. One minute it was France with French terms, the next sentence literally you're back in Kent.

There wasn't any synopsis unfortunately which really hindered the reading of this book. Who were these characters? Anyway, not recommended to read a draft book by an author who had no idea what or who he is writing about.

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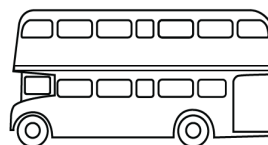
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## Letter from Terry Jermy MP

### Tackling Rural Poverty

As someone who has lived in South West Norfolk my entire life, I am acutely aware of the many inequalities that rural communities face. This was part of the reason why I stood to become a Member of Parliament; I wanted to highlight what the challenges were and put forward proposals for how to address them.

Last Summer more than 40 rural and semi-rural Labour MPs and I launched the Labour Rural Research Group (LRRG), to ensure that rural voices are heard at the heart of government and to develop the research, evidence and policy solutions needed to tackle rural poverty, unlock rural potential, and deliver meaningful change across the countryside.

Recently, we worked to secure £53 million in Government funding for a heating oil financial support package.

Another key focus has been calling on the Government to develop a rural strategy to tackle rural poverty, following a landmark report that LRRG and I published, which warns that rural poverty is deeper and more widespread than official statistics suggest, with families across the countryside paying a structural 'rural penalty' just to reach a basic standard of living.

Drawing on evidence from councils, NHS bodies, charities, rural businesses and dedicated focus groups with residents, our report *Rural Poverty in Britain* finds a consistent pattern - rural households are expected to travel further, pay more and rely on fewer alternatives, yet national funding and service models continue to assume urban density, economies of scale and proximity to services.

Research undertaken in rural areas and conducted exclusively for the report reinforced these findings. Rural poverty is experienced less as isolation from places, and more as isolation from systems. Transport unreliability, overstretched health services and thinning education pathways are seen as mutually reinforcing and negative pressures, creating a persistent sense that rural living demands more from households while offering fewer supports in return.

Communities like ours know the cost-of-living crisis hits differently in rural areas. That is because families already pay more for fuel, more for food and more for transport simply because of where they live. This 'rural penalty' isn't about lifestyle — it's about structural costs. If we're serious about fairness, we must deliver a Rural Strategy that recognises these pressures and ensures rural households are no longer paying more just to get by.

What our report makes clear is that we need coordinated, cross-government action to ensure our rural communities can thrive, which is why we are calling for a Rural Strategy to sit at the heart of national policymaking, not on the side-lines.

My LRRG colleagues and I have set out 24 recommendations that address the root causes rather than symptoms of hardship; going beyond isolated interventions or 'rural add-ons'. These address poverty across income, employment, education, health, housing, crime, connectivity and access to services. You can access the full report through my website; [www.terryjermy.com](http://www.terryjermy.com)

Rural Britain has huge untapped potential. With the right investment in connectivity, transport and local enterprise, South West Norfolk communities will have the opportunities to grow. Ignoring rural disadvantage isn't just unfair, it's economically short-sighted.

Separately, I would like to remind households that the Government's £53 million heating oil support package can be accessed. Already, two thirds of applications that have been completed have been awarded support. To apply for support, please visit [www.norfolk.gov.uk/heatingoil](http://www.norfolk.gov.uk/heatingoil) or call 0344 800 8020.

As always, should you or someone you know need support, please do email me: [terry.jermy.mp@parliament.uk](mailto:terry.jermy.mp@parliament.uk)

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### **EAST HARLING GARDENING CLUB**

In May we had a brilliant talk about owls. Unfortunately, Evie was indisposed but her father Mark brought along a barn owl and a Tawny owl and educated us and entertained us at the same time.

This month we are delighted to welcome Annette Hurt to talk about natural gardening, which is an interesting topic, especially in view of the rocketing price of artificial fertilisers.

We are taking bookings for the trip to RHS Hyde Hall Garden Show on Saturday 8 August. You are welcome to join us. The cost including the coach and entrance is £30 for members and partners, £35 for non-members, and just £20 for RHS members. To book contact Mary on 01953 717 193.

Our July meeting will be a trip to Whartons Roses for members only, so there will not be a meeting in the Old School Hall that month.

Membership costs just £12 for the year to 31 March 2027, and visitors are always welcome at our meetings in The Old School Hall which take place at 7.30 on the second Tuesday of the month.

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**Book review No 12 from Sally Mac**

A bit of a mixed bag this time round, I hope you enjoy some of them.

**Deep Swimmers by Richard Robinson**

I saw this book on an online book feed I subscribe to, it's a new author to me, thought it worth a try. Wow what an amazing book. I'm so pleased I started it. It took me four days to read rather than the usual two. The only reason being is that you really need to pay attention to the details in each chapter, unusual for a crime book.

It is based in Suffolk and Northern Ireland, an interesting mix of locations certainly. As long as you take the time to read the chapters, the book will have you fixed. Certainly, it's a book I would highly recommend. It's worth taking your time to read it thoroughly.

**Berwick by LJ Ross**

I'm a great fan of LJ Ross; I couldn't believe that this was No 25 of her books in this series. Incredible and I've heard / read all of them. A brilliant author in my view, but if you don't really like crime books, read / hear one of hers.

They are gentle crime books, do try this book if you haven't yet, you also don't need to read them in order which helps.

**The Lamplighters Bookshop by Sophie Austin**

I listened to this book using the Libby free app, available if you have a library card. Whilst I enjoy using Audible, having access to Libby and Borrow-Box is a godsend as Audible can be pricey if you read a lot. This was available to read / hear on Libby at the time, which was brilliant. I thoroughly enjoyed this book, the debut novel from this author and it's amazing. It is described as a turn of the century tale of rivalry, redemption, and love set under the darkening skies of York in 1899. When Evelyn Seaton answers an advertisement for an assistant at a forgotten bookshop in York, she is not the only one with something to hide.

**The Girl on the Train by Paula Hawkins**

This book was made into a film a few years ago (2016). It was very popular and it seemed like it was a light crime film.

The film had several big names including Emily Blunt. It is the story of Rachel Watson's life post-divorce.

Every day she takes the train to work in London; it may not sound like the most enjoyable film / book. Whilst the film was good, the book / audiobook is so much better as all of the detail is in there.

I would definitely read / hear the book, it's well worth it.

**Bridgham Church****COFFEE MORNING****Saturday****10-12 noon****27th June 2026****In the Village Hall****All Welcome****Yard Sale  
Bridgham****4 July 2026 | 10am - 1pm**

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DIARY DATES 2026 for fundraising events, outings etc. in the parishes in the Harling United Benefice.

Full details appear in the magazine pages

**A note on short forms for Venues for some events**

1. EHSSC is East Harling Sports and Social Club (opposite E Harling Church on Church Road)
2. OSH is Old School Hall in Harling on School Lane
3. Feline Care is on Roudham road
4. BVH is Bridgham Village Hall

### JUNE 2026

- 1<sup>st</sup> HUB OSH 10-12 followed by exercise class  
2<sup>nd</sup> Film Night, OSH 7.15 for 7.30pm  
3<sup>rd</sup> BVH Wednesday Social 11-1pm  
3<sup>rd</sup> OSH Coffee Morning 10-12 noon  
3<sup>rd</sup> Harling Church, Churchyard maintenance all welcome 6.30-7.30pm  
5<sup>th</sup> Harling, Attleborough and Kenninghall singers in Concert with Saxofun 7.30pm Garboldisham Village Hall  
6<sup>th</sup> Feline Care Pop-up Shop 10-1.00pm  
6<sup>th</sup> E Harling Church Community Café 10-12  
8<sup>th</sup> HUB OSH 10-12 followed by exercise class  
9<sup>th</sup> Gardening Club OSH 7.30 "Gardening Naturally"  
12<sup>th</sup> EHSSC Bingo eyes down 7.30pm  
15<sup>th</sup> HUB OSH 10-12 followed by exercise class  
17<sup>th</sup> BVH Wednesday Social 11-1pm  
17<sup>th</sup> OSH Lunch 12.00 for 12.30 see page 9  
17<sup>th</sup> Harling Church churchyard maintenance all welcome 6.30-7.30pm  
20<sup>th</sup> HARLING IN BLOOM (until 5<sup>th</sup> July) see page 9  
22<sup>nd</sup> HUB OSH 10-12 followed by exercise class  
23<sup>rd</sup> OSH 7.15 Parish Council Meeting  
25<sup>th</sup> Knit & Natter East Harling Church 9.30-1100 am  
27<sup>th</sup> Bridgham Church Coffee Morning 10-12  
29<sup>th</sup> HUB OSH 10-12 followed by exercise class

### JULY 2026

- 4<sup>th</sup> Feline Care Pop-up shop 10-1pm  
4<sup>th</sup> Bridgham Yard Sale 10-1.00pm see page 18  
5<sup>th</sup> Harling Village Fete 12 noon – 4pm  
7<sup>th</sup> Film Night OSH 7.15 for 7.30pm  
10<sup>th</sup> EHSSC Bingo eyes down 7.30pm  
10<sup>th</sup> – 12<sup>th</sup> Harling Fringe see page 9  
14<sup>th</sup> Gardening Club Evening trip to Whartons Roses (members only)  
23<sup>rd</sup> Knit & Natter East Harling Church 9.30-1100 am  
25<sup>th</sup> Bridgham Church Coffee Morning 10-12  
28<sup>th</sup> OSH Parish Council Meeting 7.15pm

### AUGUST 2026

- 8<sup>th</sup> Gardening Club coach trip to RHS Hyde Hall Flower Show All welcome (Cost £35 non-members, £30 members, £20 RHS members) call Mary on 01953771793.  
11<sup>th</sup> Gardening Club OSH 7.30 Mary Murray "How to make the best of supermarket flowers"

**CONTACT** is published monthly by East Harling Parochial Church Council and items for the July edition should be submitted to the editor by email by 12<sup>th</sup> June 2026 at the ABSOLUTE LATEST. Please ensure that the sender's name and address or telephone number is included in all communications. Please don't wait until the last day as we cannot guarantee last minute items will be printed. **For enquiries regarding deliveries and insertion of flyers please contact the Editor by email.**



### SATURDAY 6TH JUNE

East Harling Church  
10am-12.00 noon

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes and make a date with a book.

**Everyone Welcome!**

## KNIT AND KNATTER



Thursday 25th June 2026  
9.30 to 11am

St Peter and St Paul church, East Harling

Please contact Karen 07818063844 if you require any information. All are welcome – no need to knit, come to knatter

## Tuesday 2nd June FILM NIGHT

**In Harling Old School Hall**  
**Film starts at 7.30 pm**  
**Open at 7.15pm for crisps, pop-corn, soft drinks, teas & coffees**  
**Bring Your Own Bottle!**

It is 1930, the scandal of divorce is socially damning, and we follow a well to do family coping with social ostracism until the tides turn and the family fortunes are recovered. A feel good saga of upstairs—downstairs life with a happy ending!

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