



MARCH 2024

CONTACT

**EAST HARLING - WEST HARLING - BRIDGHAM -
ROUDHAM - BRETtenham - LARLING - RUSHFORD**

VILLAGE NEWS AND EVENTS

CHURCH SERVICES & NEWS PAGES 3 AND 5
CURATES CORNER - SEE PAGE 6
EVENTS SEE PAGES 9, 10, 13,14 & 20
GARDENING NOTES - SEE PAGE 16

EVENTS IN BRIDGHAM LARLING &
BRETtenham - SEE PAGE 18
CONTACT DIARY SEE PAGE 20

**CLOCKS GO FORWARD
SUNDAY 31ST MARCH AT 1.00AM TO 2.00AM**



Also published on line on the following web pages

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<https://www.harlingguiltcrossbenefice.org.uk/our-churches/east-harling-st-peter-and-st-paul/contact/>

<https://roudhamandlarling-pc.norfolkparishes.gov.uk/2020/08/17/contact-magazine/> for
Roudham and Larling



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~ Welcome to our Services in March 2024 ~

Midweek Communion every Wednesday at 11.30am in East Harling Church

Date	E Harling	Garbl'sham	Wretham	Bridgham	Larling
3 rd March Sunday Lent 3	11.00 am All Age 6pm– Soul Café	9.30 am Holy Communion	9.30 am Service of the Word	11.00 am Holy Communion	
10 th March Mothering Sunday	9.30 am Holy Communion	9.30 am Holy Communion			11.00 am Holy Com'union
17 th March Sunday Lent 5	9.30am Holy Communion	11.00 am All Age	9.30am Holy Communion		
24 th March Palm Sunday	9.30 am Holy Com'nion 6.30 Harling Praise	9.30am Holy Communion			11.00 am Service of the Word
25 th March Mon Holy Week			7pm BCP Compline		
28 th March Maundy Thursday		7.00pm Liturgy Maundy Thursday			
29 th March Good Friday	11.45 Walk of witnesses 12.00 Liturgy Good Friday	2.00 pm An hour before the cross		5.00pm Stations of the Cross	
30 th March Easter Saturday	7.0pm First Mass of Easter				
31 st March Easter Sunday	9.30am Easter Eucharist	11.00am Easter Eucharist	9.30am Easter Matins	11.00am Easter Eucharist	

Date	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
3 rd March Sunday Lent 3	9.30am Holy Com'union				
10 th March Mothering Sunday					11.00am Holy Communion
17 th March Sunday Lent 5		9.30am Holy Communion			
24 th March Palm Sunday			11.00am Holy Communion	6.00 BCP Evensong	
26 th Tuesday of Holy Week			Healing and Wholeness Eucharist 7pm		
27 th Wednesday of Holy Week		7pm Service of Tenebrae			
31 st March Easter Sunday	9.30 am Easter Eucharist	9.30am Easter Eucharist			6.20am Dawn Service



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Parish Records 2024 ~

~ Baptisms~

Welcomed into God's family:

Lola Rita Aust daughter of Andrew Aust and Katie Rayner who was baptised in East Harling church on 3rd February 2024.

Rex Brian Green son of Lee Green and Harriet Routledge who was baptised in East Harling Church on 4th February 2024

~ Funerals ~

We offer our condolences to the family and friends of:-

Juliet Fay Stowers whose funeral was held in East Harling Church on 2nd February 2024 followed by cremation at the Breckland Crematorium.

~ Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ

March 2024

21st In loving memory of **Sheila Bond** always in our thoughts, Ann and Angela.

28th Treasured memories of our dear Dad, **Eric George Holden** taken from us on 28th March 2024; **LOVING YOU AND MISSING YOU ALWAYS, SUE AND BILLY.**

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to E Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church

FOOD BANK Please Remember!



Items for delivery to Thetford Food Bank can be left in the hamper at the rear of the pews in East Harling Parish Church.

Tinned and non-perishable dry goods (eg sugar, cereals) and toiletries welcome.

No fresh fruit or vegs please.

All items must be 'in date'.

Your gifts will be collected regularly.

Thank You!

METHODIST CHAPEL WHITE HART STREET Methodist Services in March

March 3rd 10.30am Local arrangement
6pm Soul Cafe at OSH
10th 6.30pm Rev David Ely Communion
17th 10.30am Rev David Ely
6.30pm Harling Praise at Parish Church
24th 6.30pm Mr Pat Mottram
31st 6.30pm Mr John Browne (Easter Sunday)

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Holy Week & Easter

In the Harling & Guiltcross Benefice

Palm Sunday - 24th March

Holy Communion - East Harling - 9:30am
Holy Communion - Garboldisham - 9:30am
Holy Communion w Baptism - Brettenham - 11am
BCP Matins - Larling - 11am
BCP Evensong - Riddlesworth - 6:30pm



Monday of Holy Week - 25th March

BCP Compline - Wretham - 7:00pm



Tuesday of Holy Week - 26th March

Healing and Wholeness Eucharist - Brettenham - 7:00pm

Wednesday of Holy Week - 27th March

Midweek Holy Communion - East Harling - 7:00pm
Service of Tenebrae - Shropham - 7:00pm



Maundy Thursday - 28th March

The Liturgy of Maundy Thursday - Garboldisham - 7:00pm

Good Friday - 29th March

Eccumenical Walk of Witness - East Harling - 11:45am
The Liturgy of Good Friday - East Harling - 12pm
An 'Hour Before the Cross' - Garboldisham - 2pm
Stations of the Cross - Bridgham - 5pm



Holy Saturday - 30th March

Easter Vigil with First Mass of Easter - East Harling - 11:45am

Easter Sunday - 31st March

Dawn Service - Blo Norton - 6:20am
Easter Eucharist - East Harling - 9:30am
Easter Eucharist - Rushford - 9:30am
Easter Eucharist - Shropham - 9:30am
Easter Matins - Wretham - 9:30am
Easter Eucharist - Garboldisham - 11:00am
Easter Eucharist - Bridgham - 11:00am



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East Harling Methodist Church
White Hart Street

11.30am Tues 20th Feb
Theme: Love!

March Curates Corner



Dear Friends,

As you receive this, we will be well into the season of Lent. The season of the Church's calendar when we are invited to remember the forty days Jesus spent in the desert and the enduring temptation he faced prior to the start of his public ministry. Lent is the time of year Christians around the world take stock of things, reflect on our own actions (or indeed, inactions) and many will give something up as an act of self-denial, mirroring that temptation Jesus faced.

Of course, as Lent progresses – so does the start of spring. Already we start to see spring flowers emerge, the grass trying to grow through the sodden ground and some leaves reappearing. For many farmers, there is an expectancy throughout the spring – the waiting for the arrival of new life, spring calving and lambing well underway for most. There are the first shoots of crops drilled in the ground back in the winter as attention turns to spraying and fertilising. The arrival of Spring brings with it a change of mood, the memories of the bleak winter drift further and further away into the back of our memories as the prospect of the sun making its appearance grows closer.

As a Christian, Lent is an awful lot like the expectancy of spring. Lent is a preparatory season for the great festival of Easter to follow. Much like the current wait for lambing to begin in our household, I spend Lent waiting, preparing, and praying for the Easter to come. I leave you with the first two stanzas of a beautiful poem about the spring sunshine, with a meaning that changes quite profoundly if we think not just of the spring sunshine, but rather of the Easter Son. The Son who breaks through the chills in a burst of light – bringing smiles and love and joy back to each of us who search for it.

After all the chills and winter blues,
The staying warm and staying in,
Meetings indoors for outside is cold,
Then comes the spring sunshine,

The sun breaks in like a door open wide,
With the burst of sunlight,
That lasting and warm,
Bringing smiles back on people's faces.
Ellen Ni Bheachain

The arrival of Lent brings with it a parallel change of mood, the memories of Christmas celebrations drift further away as the prospect of the Son making his re-appearance at Easter grows closer and closer and so I wish you each a blessed Lent as we prepare for the light to come bursting back into the world at Easter.

God bless,

Josh

--

The Revd Joshua Whitnall

Assistant Curate of the Parishes of East with West Harling, Bridgham with Roudham, Larling, Brettenham, Wretham with Illington, Blo' Norton, Riddlesworth, Garboldisham, Rushford and Shropham with Snetterton.

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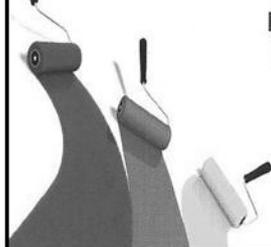
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EAST HARLING WI

Our January meeting was a quiet night, but it was nice to see a new face. We had to choose a Resolution to pass on for the AGM - and there was some interesting topics to choose from which led to interesting conversations. Basically, we agreed on 'Dental Health Matters'.

There is a change of meeting place for our March Meeting. We will be having a talk from Chapel Green School of Old Buckenham on the important work they do. The meeting will be held at Wendy's house which is just opposite the Old School Hall, and will be from 7.30pm

East Harling WI usually meet on the third Tuesday of each month at the Old School Hall for 7.30pm. All are welcome, and we look forward to seeing new and old faces. If you have any questions please ring me Jackie Underwood on 07725 126115

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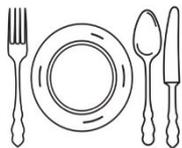
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Alternatively, you can apply online <https://www.girlguiding.org.uk/get-involved>.

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EAST HARLING GARDENING CLUB

At our February meeting we had a fascinating talk by Lynn and Tony Fry about their time at the Franciscan Hilfield Community in Dorset with several visitors to swell our numbers in spite of the horrible weather. Thank you to both of you. Always a sign of a good speaker the members and guests sat around talking for ages afterwards.

Next month is the AGM, which will probably not take too long, so I will be bringing along some overwintered plants in the various peat free composts that we looked at in the autumn to see how they have fared.

As well as our regular meetings we have some exciting events and trips organised for the coming year...

Saturday 18 May Annual plant sale in the Old School Hall

Sunday 4 August coach trip to RHS Hyde Hall Garden and flower show. Visitors welcome, (number limited by coach size) cost just £20.

Sunday 1 September coach holiday to South Wales with Avanti travel. Visitors welcome, cost £435

Tuesday 10 December Christmas  lunch. Members only.

Tuesday 17 December coach trip to Cromer Christmas show. Visitors welcome

For further details of any of the above contact Jenny on 01953 717 911 or Mary on 01953 717 193.

We meet on the second Tuesday of the month, and visitors are always welcome for a low entry price of just £3, or why not become a member for a small annual fee running from 1 April each year.

ECO TIP FOR MARCH

Spring is coming!

Look out for the sights of the season – catkins, aconites, snowdrops and the first daffodils.

Listen out for the sound of new lambs, different bird songs, maybe a bumblebee on a warm day, even the sound of the first lawnmower.

Nature can boost our happiness so spend time in the garden or in local green spaces. If you haven't got a garden, you could volunteer at the Community Garden.

Make time to pay attention to all the things that are going on right outside your door and spend some time thanking God for all you experience.

Spring is the time for something new to spring from the ground. Maybe there will be something new for you too.

WANTED FOR HARLING ATHLETICS CLUB

Level 2 Junior Athletics Coaches or volunteers to become coaches.

It is with great sadness that due to personal and work commitments Sam and Gary Brotherhood will be stepping down from their roles of Junior Coaches from April 2024. They have been with the club since before its inception in 2014 and will be sorely missed for the commitment, enthusiasm, care and humour that they have brought to Harling Athletics Club.

So we now need: Two Level 2 Junior Coaches from April 2024 (if not before) or a small group of volunteers (whereby they could share the training) to train alongside Sam and Gary until they leave at the end of March 2024, receive qualifications and then to take over training sessions on Mondays 7pm to 8pm and Saturdays 9am to 10 am. All training costs will be met by Harling Athletics Club. Please email: harlingathletics@gmail.com for further details.

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EAST HARLING

CHURCH GARDEN BIRD WATCH

Following on from last month, the Church Bird Watch was a great success. It was very surprising to see the number of birds present and the wide variety of types of birds seen. It started early on Saturday morning and the birds and wildlife were out in abundance. The birdsong was so lovely, peaceful and calming to hear and always brings a smile to my face.

The birds were enjoying the feeders, throughout the day and were showing well despite the weather, which at times was very cold and windy. It was eye opening to me just how natural the surroundings of the church and the millennium garden were, with its bug house and variety of trees, shrubs and plants. Seeing first-hand how the rich environment helps the wildlife.

Throughout the day we had lots of feathered visitors: Robins, Blackbirds, Blue Tits, Great Tits, Nuthatches, Wood pigeons, Chaffinches, Coal Tits, Crows, Jackdaws, Gulls, Long Tail Tits, Dunnock, Starlings and even a flyby from a little Egret.



During the day we also had a visit from a group of bell ringers, which was lovely to hear, and their ringing did not disturb the birds. We had continued showings from rooks, jackdaws, a Wren and a Tree creeper as well as the blue tits flying round the feeders. Pictured is a Tree Creeper

We had several visitors of the human kind interesting in seeing birds and wildlife. It was great to see you all. Thank you for the soup and rolls from Mike and Sue, which was very welcome, helped warm us up and tasted amazing.

Sunday was just as busy as Saturday, starting a bit later after the church service. Again, a large variety of the birds seen from the previous day. They had been busy and we needed to top up the feeders throughout the churchyard, which was really encouraging.

I hope this is a building block to help the continued presence of wildlife and encourage more to come.

Moving forward I look forward to further bird, wildlife watching. I hope that our wider village community would like to be involved that would be lovely to see as well. The church and the churchyard is wonderfully peaceful and naturally beautiful place to come and spend some time. It reinforces my thoughts of the importance of taking time to be in nature.

I hope you had a lovely time with your own Garden birdwatch and we're able to get lots of happiness and enjoyment from it. I cannot wait for next year already.

Dave

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NORFOLK WILDLIFE TRUST BRECKLAND LOCAL GROUP

At the time of writing we haven't had our AGM and talk with local wildlife photographer Martin Hosier on Valentine's evening. The report on this will be next month.

On Wednesday March 13th at 7.30pm we have Tim Holt-Wilson with a talk entitled Lost Beasts of Norfolk and Suffolk.

Venue is The Methodist Centre, High Street, Watton, IP25 6AB. Cost is £3 non-members, £2 members. Refreshments will be served. No booking needed.

LOOKING AFTER YOUR GARDEN BIRDS

In this cold weather supplying a source of energy for your local garden birds will provide you with entertainment and support your local bird population - You don't have to have a garden - a feeding tray can attract birds to a balcony or a windowsill, even on a block of flats.

Place feeders where the birds are safe and able to eat undisturbed - ideally away from fences or dense hedges, where cats can easily get to them. If there's a small bush nearby, birds can use this as a look-out point. The best food for bird tables is a mix of peanuts, seeds and live food like mealworms and waxworms. Fruit, especially bruised apples and pears, will be popular with thrushes and blackbirds. Fat balls in feeders are also good. Note that household scraps like pastry, cooked rice and breadcrumbs should only be offered in small amounts very occasionally.

It is important to keep bird tables and feeders clean, brush off debris every time you put out fresh food and scrub the table with a mild disinfectant solution weekly. This will help keep your bird population healthy. Also it is good to move the table from time to time to stop droppings building up underneath.

It is also good to provide a regular supply of clean water for birds. It's particularly important in the winter and in dry weather. Providing the perfect birdbath can be one of the best things you can do for wildlife in the garden, and one of the most rewarding, too. You can install a birdbath at any time of year.

What birds really want from a birdbath is a wide, safe and shallow puddle with a rock or log or two for perching on. That way, they won't get out of their depth, there's plenty of space to flap about, and every chance to do it in the company of others, which is always safer. A shallow, watertight bowl, such as an upturned dustbin lid or large circular plant tray are good. Even an old bowl or a cooking pot would work. Rest the plant saucer or dish on top of four bricks, lifting it off the ground but making it stable. Placing a wooden ramp from the saucer to the ground will allow Hedgehogs to get in and out too. Put a rock or two in the saucer as rocks, stones and small logs give something different sized birds can perch on. Then just add water - It doesn't matter if it is tap water or rainwater - water from a water butt is ideal. You will need to wash the bird bath out on a regular basis, as the water quickly becomes dirty. Leaving the bird bath to completely dry out occasionally will kill off any pathogens. In freezing conditions, bird baths and garden ponds become even more important, since many natural sources of water are frozen over. It can be difficult to stop a bird bath from freezing, but a light ball floating in the water will be moved by even a gentle breeze, and will keep a small amount of water ice-free. It's such a simple thing to offer, but so effective. And you'll have happy - and clean - feathered friends as a result.

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THE GARDEN IN MARCH



I am writing this in mid-February when it seems that the wind and rain and grey skies will never end, **but**, the signs are there. The snowdrops and aconites are in full bloom; there are buds and catkins appearing on trees; the

great flock of starlings have disappeared leaving just the resident ones, and the sparrows are chirping everywhere - in short Spring is nearly here. But don't be fooled, Mother Nature has been messed around by humans for centuries and sometimes she likes to remind us who is in charge!

Birds: March is the beginning of main breeding season for garden birds. Leave out materials such as wool, fresh straw and animal hair to help them with their nest building. Keep a water source topped up for them.

Pots and Seed Trays: Although plastic pots and trays are now known to be an ecological nightmare, if you already have some clean them and reuse them - they are only a problem when disposed of. If you are only planting a few seeds make holes in brown vegetable trays they use far less compost and can be washed and recycled after use.

Lawns: Walk on as little as possible until they become less waterlogged. When they are reasonably dry rake to get rid of dead grass and moss. If you have, and want to keep, a pristine lawn apply a weed and feed late in the month. If like me, you are happy to have a more natural lawn leave out the weeding and feeding and wild flowers will appear by magic.

Patios: Scrub to get rid of dirt and moss which can make them slippery.

Pruning: Prune hardy fuchsias and finish pruning roses.

Perennials: Clean up perennials and finish any removal of dead material. It is not too late to split established plants. Plant new perennials. *Tip* small plants from garden centres establish quicker than larger ones and in a couple of years will be as big and healthier than large, more expensive ones. *Tip2* Look around the village – there are several stalls with people selling surplus plants at a fraction of the garden centre prices.

Dahlias: Plant tubers in pots or trays in a frost free, well lit room or greenhouse – they don't need to be hot. They can also be sown from seed in a warm place from the middle of the month.

Gladioli: plant 4 – 6 inches (10-15cm) deep *Tip* If you plant a few every couple of weeks until late June they will flower over a much longer period.

Annuals: Hardy annuals can be sown outside from now, half hardies in pots or trays protected from frost from the middle of the month – watch the weather forecasts we can have some very strange weather in March. On warm days ventilate the greenhouse.

Vegetables: *Tip* most packets of seeds contain far more than you need. If kept cool and dry, and resealed most seeds will remain viable for several years (not parsnips).

Tip 2 If you sow 100 lettuce seeds at once they will all need pricking out at once, and all be ready over a 3-4 week period – sow a few at 2 week intervals.

Tip 3 The gardening club annual plant sale will be back in May, read Contact next month for more details. Begin planting onion sets and shallots once the soil is workable. Plant in rows with the tops just showing. Rows far enough apart to comfortably stand to weed, onion sets 2-4 inches (5-10cm) apart, shallots 6-8 inches (15-20 cm) apart.

Sow peppers and chillies on a warm windowsill or in a heated greenhouse.

Sow under glass without heat: brussels sprouts, cabbage, cauliflowers, leeks, peas and tomatoes (late March). Sow outdoors (when ground is not frozen or waterlogged): carrots radishes

Plant early potatoes.

Harvest whatever is ready – remember when the weather warms up many of the overwintered crops like kale and leeks will flower and become only good as compost.

Pots and Tubs



If you have an established pot of shrubs now is a good time to scrape away as much loose compost from the top as will come away easily, and replace with new compost mixed with slow release fertiliser.

If you are choosing a new container make sure it has a good sized drainage hole.

Use a good quality compost – that is all your plants will have to grow in this year – they can't spread out their roots to find food and water as they would in the ground.

Fill and plant up the tub where you want it to grow – the pot is probably quite heavy and so is the compost! If you are using a plastic pot use a soil based (John Innes) compost to stop it blowing over.

Remember the 7 inch rule (an inch of water will soak 7 inches of compost), so leave a gap at the top for watering.

The 2 ways to make your plants struggle and under - perform or even die are too much water and not enough water. Filling your container with water once a week and letting it drain is better than a sprinkling daily

If planting for summer don't be tempted to overfill – small annual plants want to grow fast.

March is a little early for annuals, but you can start them inside and plant them into the tubs later.

*Good Gardening
Kevin*



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SAINT ETHELBERT'S CHURCH LARLING

Three months of building works will be taking place on St Ethelberts Church starting on February 26th.

We will be open as usual for our twice monthly services, all welcome.

Access to the Church by car will not be possible after 4pm each day for security reasons.

Larling PCC apologises for any inconvenience during this period and hope that you can visit us in the summer to have a look at the completed works.

Bridgham Church
COFFEE MORNING
Saturday
23rd March 10-12noon
NB Still in the
Village Hall!!



BUDGET LENTIL RECIPE FOR LENT AND BEYOND

Lentils are both nutritious and economic, and truly delicious!

Ingredients

- 2 Onions finely chopped
- 3 Garlic cloves, chopped
- 1 tbsp Ginger, peeled and grated
- 1/2 tsp Chilli flakes
- 1/2 tsp Cumin seeds
- 1/2 tsp Coriander seeds
- 1/2 tsp Mustard seeds
- 2 tsp Turmeric
- 1 tsp Garam masala
- 200g Dried red lentils
- 400ml tin Coconut milk
- 400ml tin Chopped tomatoes
- 500ml Vegetable stock
- 2 Handfuls fresh or frozen spinach
- Squeeze of lemon juice

Method

First, heat a tablespoon of oil in a large pan over a medium heat. Fry the onion gently for 5 minutes. Add the garlic, ginger and red chilli and cook for a few minutes more.

Whilst that is cooking, grind the cumin, coriander and mustard seeds lightly in a pestle and mortar for spice grinder. Then add to the pan, along with the turmeric and garam masala and cook for 1 minute until fragrant.

Add the lentils along with the tomatoes, coconut milk and stock, then stir to combine. Season with salt and pepper and cook on a medium/low heat until thick - at least 15-20 minutes (stirring often so that it doesn't stick to the pan). Taste and add more chilli or spices if desired.

Add a squeeze of lemon juice and the handfuls of spinach. Allow the spinach to wilt and then serve with your chosen accompaniment.

A good naan bread goes down well with this dhal dish.

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WELCOME
HUB

EVERY MONDAY 11AM - 2PM
 at HARLING OLD SCHOOL HALL

COME ALONG AND JOIN US FOR
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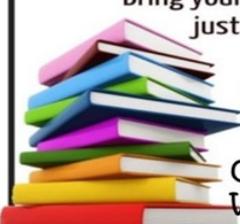


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On the 1st and 3rd
Wednesdays Monthly



East Harling Methodist Church invites YOU to...

'Monday Craft Café'

10am-12noon on the 1st and 3rd Mondays of the month

Next on 4th & 18th March

In the Hall behind
 East Harling Methodist Church.
 White Hart Street.



Bring along any craft you would like to, have a chat, and coffee/tea and cake will be available!

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Children's - Signed Song Club

Wednesday, from 16:00-17:00 at the Old School Hall.

Come and enjoy learning the introductory signs of colours/animals/greetings etc through fun games and enjoy signing different songs to your favourite tunes, working towards a performance.

Age:5+

Please contact Kerri :- 07756 714067
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DIARY DATES 2024

For fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine

MARCH 2024

- 1st EHSSC Whistle Stop Rock n' Roll Club
2nd E H Church Community Café 10-12noon
2nd E H Church – Talk by Charlie Haylock –doors open
6.30pm tickets only from Dorothy 01953 717128
2nd Roudham Feline Care Pop Up Shop 10-1pm weather permitting
5th East Harling Film Night OSH 7pm for 7.30pm
6th OSH Coffee Morning 10 – 12 noon
6th Wednesday Social Bridgham Village Hall 11-1pm
7th E H Camera Club in Rudd Room at E H Sports and Social Club from 7.30pm
8th EHSSC Bingo, eyes down 7.30pm
9th OSH Quiz Night 7pm for 7.30 start
12th East Harling Gardening Club OSH 7.30pm
20th OSH Sausage sizzle lunch 12 for 12.30
20th Wednesday Social Bridgham Village hall 11-1pm
21st Roudham & Bridgham Parish Council at Roudham & Bridgham Village Hall 7.30pm
22nd EHSSC East Harling Comedy Club 7.30pm
22nd-23rd E Harling Theatre Club presents Black Adder Goes Forth in the Old School Hall (see details page 9)
23rd Bridgham Church Coffee morning in Bridgham Village Hall 10-12
26th East Harling Parish Council OSH 7pm
29th EHSSC Easter Family Fun Day 2pm onwards
30th EHSSC Live music with Mark Anthony & Isaac 8.00pm

APRIL 2024

- 2nd East Harling Film Night OSH 7pm for 7.30pm
5th Whistle Stop Rock 'n Roll Club
6th E H Church Community Café 10 – 12 noon
6th Roudham Feline Care Pop Up Shop 10-1pm weather permitting
9th East Harling Gardening Club OSH 7.30pm
12th EHSSC Bingo – Eyes down 7.30pm
13th E H Church Spring Family Fun Day 2.30-4.30pm (see p 10 for details)
18th Roudham & Larling Parish Council 7.30pm at Roudham & Bridgham Village Hall
23rd East Harling Parish Council OSH 7pm

MAY 2024

- 3rd EHSSC Whistle Stop Rock 'n Roll Club
4th East Harling Church Community Café 10-12
7th East Harling Film Night Old School Hall 7.15 for 7.30pm
10th EHSSC Bingo Eyes down 7.30pm
10th Harling & Kenninghall Singers, Musical Evening in East Harling Church 7pm £10 tickets with interval refreshments
16th Roudham & Bridgham Parish Council meeting at Roudham & Bridgham Village Hall 7.30pm note Annual Parish Meeting
18th E H Church Super Swing Band 7-11pm
28th E Harling Parish Council OSH 7.00pm



Come and join us
on Saturday 18th May 2024

THE RETURN OF

The Super Swing Big Band

East Harling Parish Church

7pm - 11pm

Music from the 40s and 50s

Come and listen or

have a dance in the aisles

Licensed Bar & Refreshments

Tickets £10

More information in April Contact
or ring Dorothy on 01953 717128

Tuesday 5th March FILM NIGHT

In Harling Old School Hall

Film starts at 7.30 pm

Open at 7.15pm for crisps, pop-corn, soft drinks, teas & coffees
Bring Your Own Bottle!

A true crime comedy drama starring Jim Broadbent as 60 year old Kempton Burton who in 1961 stole Goya's portrait of the Duke of Wellington from the National Gallery. Helen Mirren stars as his long suffering wife Dorothy with an excellent cast.

This is a highly entertaining watch with a positive campaigning message.

Rating R suitable for age 14+

£5.00 per entry
EVERYONE WELCOME



Community Cafe

SATURDAY 2nd March

East Harling Church
10am-12.00 noon

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes and browse the second hand book stall.

Everyone Welcome!

CONTACT is published monthly by East Harling Parochial Church Council and. items for the April edition should be submitted to the editor by email by 12th March at the ABSOLUTE LATEST.

Please ensure that the sender's name and address or telephone number is included in all communications.

Please don't wait until the last day as we cannot guarantee last minute items will be printed.

EDITOR: email sue.wall@uwclub.net

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