



AUGUST 2025

CONTACT

EAST HARLING – WEST HARLING – BRIDGHAM –
ROUDHAM – BRETtenham – LARLING – RUSHFORD

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HARLING PARISH COUNCIL PRESENT

VICTORY DAY EVENT

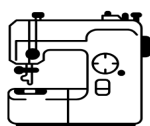
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<https://roudhamandlarlingparishcouncil.gov.uk/2025/03/05/contact-magazine/>
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~ Welcome to our Services in August 2025 ~

Midweek Communion every Wednesday at 11.30am in E Harling Church

Date	E Harling	Garbl'sham	Wretham	Bridgham	Larling
Sunday 3rd August Trinity 7	11.00 am All Age	9.30 am Holy Com'union	9.30 am Service of the Word	11.00 am Holy Com'union	
Sunday 10th August Trinity 8	9.30 am Holy Com'union	9.30 am Holy Com'union			11.00 am Holy Com'nion
Sunday 17th August Trinity 9	9.30 am Holy Com'union 6.30 pm H. Praise	11.00 am All Age	9.30 am Holy Com'union	11.00am Service of the Word	
Sunday 24th August St Barthol emew	9.30 am Holy Com'union	9.30 am Holy Com'union			11.00 am Service of the Word
Sunday 31st August Trinity 11			11am Benefice Service		

Date	Rushford	Shropham	Brettenham	Riddlesworth	Blo'Norton
Sunday 3rd August Trinity 7	9.30 am Holy Communi on				
Sunday 10th August Trinity 8					11.00am Holy Communion
Sunday 17th August Trinity 9		9.30 am Holy Communion			
Sunday 24th August St Barthol- emew			11.00am Holy Com'union	6.30 BCP Evensong	
Sunday 31st August Trinity 11					



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~ Parish Records 2025 ~

~ Weddings ~

We offer our congratulations to:

Oscar William Francis Razzel HOLLIS and Matilda Emily Margaret GROW who were married in East Harling Church on Saturday 21st June.

~ Funerals ~

We offer our condolences to the family and friends of **JUNE MASON** whose funeral was held in East Harling Parish Church on Thursday 26th June 2025 followed by interment in the churchyard.

~ Floodlighting ~

Requests to sponsor the floodlighting of East Harling Church should be posted/delivered to: Susan Dolling 4 Hamblings Piece, East Harling. NR16 2PZ

August 2025

21st Treasured memories of our dear Mum **DAPHNE HOLDEN** taken from us on the 21st August 2023. Loving and missing you always Sue and Billy.

Please make sure your requests are clearly written, include the date and add your name and contact number in case of any queries. Donation of minimum £5/night should be enclosed (cheques payable to East Harling PCC please).

Thank you to all who sponsor the floodlighting of East Harling Church



Jam & Chutney Making Day
13th September
10-2 at the Methodist Church Hall East Harling

Would you like to come and help make something delicious with all our blackberries, plums, marrows and apples?

The EcoChurch team will be making jam and chutney from 10 -12 or 12-2. There is only room for 6 people at each session so if you would like to come please sign up at lynnandtony@outlook.com or phone 07554930054. There is no charge for this event. If you have excess produce or would like to contribute something please let us know.

ACCORDIAN CONCERT AND DONATIONS OF FOOD AND TOILETRIES FOR UKRAINE

We are delighted to announce that the concert raised over £900 for UK Aid to be sent to Ukraine. Thank you to all the folk who attended and donated to the collection.

In addition we offer our thanks to all who donated food and toiletries which are now on their way to Ukraine. Very grateful thanks to you all.

METHODIST CHAPEL WHITE HART STREET **METHODIST SERVICES FOR JULY**

3rd 10.30am Mr John Browne
No Soul Cafe
10th 6.30pm Rev David Ely communion service
17th 10.30am Mrs Janet Browne
6.30pm Harling Praise at Parish Church
24th 6.30pm Mrs Jane Mottram
31st 6.30pm Rev David Ely

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DATE FOR YOUR DIARY

East Harling Parish Church
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and other items

on Friday 17th October 2025

More details in September CONTACT

FRIENDS OF EAST HARLING CHURCH

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IMPORTANT CHURCH NOTICE RE **THE CHRISTMAS TREE FESTIVAL**

Many of you will know that, for many years, the church has held several fundraising events to raise money, often for the major repairs needed to the very leaky church roof.

For the last four years at Christmas, we have held a magical Christmas Tree Festival thanks to so much local support. However, this year we are sad to announce that there will not be a festival this December, as planning will have begun for the long awaited and necessary work on the roof.

We apologise for any disappointment this may cause, and look forward to holding our next Christmas Tree Festival in December 2026.



Dear friends

it feels very strange to be writing this, my last letter to you all! In case you haven't heard, I have been appointed as Chaplain of Bancroft 's School in Woodford Green, Essex, and begin there on 31st August, so Tyrone and I will be moving in just a few weeks, as I write this. There's so much I could say, so much I am feeling at the moment. But in the end, the reason I was ever here in the first place was to be someone reminding you all of the presence and the love of God— so I shall make my last message about that.

At the very end of St Matthew's Gospel (Matthew 28.20b), Jesus, having risen from the dead confronting the very powers of death and mortality and finality, prepares to go elsewhere – not a geographical move, in his case, but a transformation into a reality more profound, more present than ever before. The disciples are about to find themselves living lives that will be characterised by never-ending change and challenge. And so, in the midst of their faith, and doubt, and hope, and fear, Jesus says, 'I am with you always, to the end of the age.'

Things are always changing. People come and go. The lives we thought we would live take completely unexpected turns. The world sometimes feels unrecognisable from what we knew in days gone by. And as I step from these parishes that I have come to love so much, into a school where I will know nothing and nobody, I wonder what I am doing, responding to a call that I am trusting in through faith and nothing else!

But as we, each of us, face the changes and challenges of the world, Jesus' promise remains steadfast. 'I am with you always, to the end of the age.' I prepare to leave Norfolk, and parish ministry, and all of you whom I love, to start something new knowing that the bedrock, the cornerstone, the absolute foundation of my life, the life-changing and life-giving presence of Jesus Christ is absolutely unchanging. And therefore every single change and challenge can be met with confidence, clarity and hope, because, 'If God is for us, who can be against us?' (Romans 8.31b)

That is the faith, the trust and the hope that I step out into, and I pray that each and every one of you will either continue to walk with Christ, or come to know that he is with you in every moment. And this mysterious, invisible, delicate reality will change you from glory to glory, no matter where you go, no matter where you stay.

I wish you every blessing for the future, and that you come to know the love of God that makes every thing possible.

Yours with love, Simon.

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To celebrate ****25 years into the new millennium****, the Parish Council and the Church are teaming up to take Harling on a journey through time with a special screening of two amazing films** showing life in the village from ****1960 to 2000**** – the pubs, the shops, the school, the church, community groups and unforgettable village events.

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We're creating a ****Living History of Harling**** – and we'd love to include ****any footage you have from 2000 to now****. Whether it's big community moments or everyday village life, if it's part of Harling's story, we want to see it!

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Let's capture the past, celebrate the present, and preserve it for the future 🍷

TO MOW OR NOT TO MOW!

Have you wondered if No Mow May is worth it and what happens when the summer arrives? Well with this year being so dry allowing the grass to grow has been a real boon for wildlife. There is a follow up movement now called Let it Bloom in June. And then, if you are lucky, you will see all the Breckland summer wild flowers such as , knap weed, toadflax, field scabious, lady's bedstraw and marjoram which also need the opportunity to flower.

Many Local Authorities have taken up the No Mow May campaign along with further careful management, resulting in road verges and green spaces now hosting nearly half of all the UK's wild flower species! This neatly provides a network of nature corridors across the UK. So yes it is part of an important worthwhile practice for flying insects and wild flowers alike!

Norfolk Wildlife Trust estimates that in our region we have lost 98 percent of flower-rich grasslands. Many churchyards are often remnants of ancient habitat as they have been protected for centuries and are often valuable havens and also a repository of a dormant seed bank.

We are trying to incorporate a more sensitive management of our churchyard of St Peter and St Paul, East Harling. The simplest way is to leave an area of uncut grass which can be found in the right hand corner of the lower graveyard (this will be cut in September) but maintaining a much tidier regime around the graves.

A report by Buglife in 2021 found the UK's flying insect population had shrunk by 60 percent. To help encourage insects and wild flowers in the churchyard-you will notice that some grass areas

have been left to grow to different heights. The longer areas will be cut in August and September after all wildflower seeds have dispersed. It is important to maintain a poor soil for plant diversity by collecting all the clippings. An easy regime to also follow in your own garden!

Tony FRY

EAST HARLING SURGERY UPDATE

By the time you read this Dr.Staliuene, who joined the Practice back in August 2024, will have left for pastures new, and we wish her well for the future. Obviously this will create a hole in our appointment sessions and therefore to augment our clinical team, we are in the process of recruiting three new doctors, each working six sessions (3 days) per week, who will be joining the Practice in August and we look forward to welcoming them.

Diary dates: As usual we will be offering Flu and Covid vaccinations again this year with Clinics running on Saturday 4th and Saturday 11th October at East Harling Surgery. We will start sending out invitations via text, enabling direct appointment booking, during week commencing 1st September 2025. Reception will also be taking bookings from w/c 8th September 2025

Practice Closure Afternoon: Please note that the Practice will be CLOSED on the afternoon of Wednesday 10th September for full staff training between 13:00 and 16:00. During this time if you need urgent medical help, please dial 999, or 111 for less urgent problems.

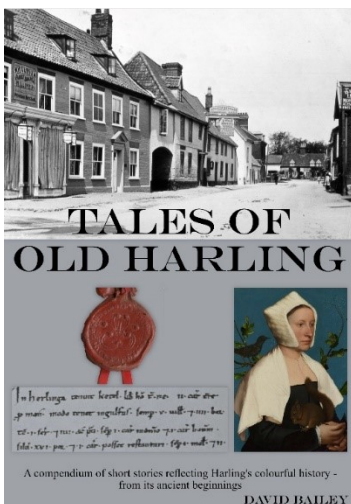
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By David Bailey



appeal to old timers & new-comers alike.

Tales of Old Harling have been published over the past 15 years as a series of articles in the CONTACT magazine and they cover some of the more interesting milestones of Harling's fascinating history from its very beginnings. This compendium richly illustrated with many maps and photographs, will

Harling's Ghosts – Queen Boudica's burial site – a rediscovery of its Roman Road- its first settler 5,000 years ago – its key role in dark-age history – how it got its name – how a donkey was flown here in a Flying fortress during WW2 – these are a few of the subjects covered in this new book about Harling's ancient and colourful past.

The book is planned for publication in early August, and we hope to keep the costs to £10, with any profits going to "The CONTACT Magazine" to ensure it continues to drop through your letter-boxes free of charge every month.

Please register your interest by email to the Author at davidgerda@btinternet.com.

CRICKET AT EAST HARLING

The sun is shining and the cricket season is underway on the East Harling Recreation Ground. For the first game, the club and team was represented by four lady players, two from the same family. The team also featured one gentleman player, a regular lady scorer, a regular lady supporter (and her dog) together with a lady providing the traditional cricket teas (whose husband was a former East Harling player and umpire for the past fifty six years. He now is a supporter of the team on a Saturday afternoon). All the aforementioned are members of the same family.

There are also two young female members of the same family not available for selection on that day who represent the county and another local club. Again from the same family. Not to forget, a son in law from within the same family, who plays when required and who coaches some fifty to sixty young people both boys and girls on the rec on Thursday evening (kids range from 4 upwards 6pm-7pm everyone welcome).

So on any Saturday home fixture, during the cricket season (weather permitting) you might be able to witness some eight members of the same family all together, pleased to be representing East Harling Cricket Club. A truly family affair!!! Should anyone be interested in joining the club, please call Kevin Seymour 07500334978. The above is submitted by Chris Free (01953 453083).

WHAT'S ON AT THE VILLAGE HALL

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THE VILLAGE FETE SUNDAY 6th JULY



The OSH committee want to say a heartfelt thank you to everyone who supported us for this year's fete– whether you joined us on the day, donated bottles or cakes, or helped behind the scenes.

We are incredibly grateful to all who made it such a success. Special thanks to our generous sponsors who helped cover the costs of running the event:

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THE GARDEN IN AUGUST

What a spring and summer! At the time of writing we don't have a hosepipe ban, but there could well be by the time you read this. In any event try to use water wisely. A good time to think about getting water butts.

Lawns: Mow without the box if necessary. Leaving the clippings on the ground helps retain nutrient and slows drying out if the dry weather continues.

Cuttings: Take semi-hard cuttings of flowering shrubs. (Wait until next month for rose cuttings). Take cuttings of heathers with a heel.

Cut below a leaf of pelargoniums to give a softwood cutting of about 3 to 4 inches, remove the lower leaves and put several into a large pot of free draining cuttings compost. Loosely cover with a clear plastic bag to keep humid until they root.

Take fuchsia cuttings. Unusually cut just above a leaf joint and it will root from the short length of stem. Protect from frost over the winter.

Hedges: Cut or trim hedges. Make sure there are no active bird or wasp nests.

Roses: Tie in long shoots of climbing and rambling roses. Leave some rosehips for the birds (they are quite good in Christmas wreaths as well).

Wisteria: Shorten long whippy growth back to 5 leaves to encourage bud formation.

Rhododendrons and camellias These plants form next year's flower buds in August and September, and drought will adversely affect this. Keep them watered thoroughly in dry spells (remember the 7-inch rule if in pots - an inch of water soaks down 7 inches of compost). If possible, use rainwater.

Perennials: Make sure perennials don't dry out, particularly Autumn flowering ones such as Michaelmas daisies. Dead head all faded flowers not wanted for seed.

Dahlias: Continue dead heading and tying in

Annuals and Biennials: Dead head regularly and keep watered. Collect seeds from hardy

annuals and biennials. Harvest them on a dry sunny day. Sow immediately, or store in an airtight container in a cool dry place. Don't forget to label them!

Bulbs: You can start planting daffodils and narcissi this month as they become available. Catalogues are available now online and in paper form.

Vegetables: Keep watered - Earth up May - sown celery.

Sow purple kohlrabi for harvesting until the first frosts. Harvest when the size of a golf ball or tennis ball.



Cut the growing point out of tomatoes 2 leaves above the top truss.

Sow outdoors for over wintering in a cold frame – autumn and winter lettuces, onions, winter radishes, winter spinach, spring cabbage.

Sow quick growing lettuces and radishes in a greenhouse border. Check sweetcorn, it may be early this year.

Harvest whatever is ready.

Fruit: Cut down fruited raspberry canes. Plant out rooted Strawberry runners. Support fruit tree branches if they are heavily laden with fruit.

Pinch out the side shoots of grapes at 2 leaves past developing grapes and non-fruiting stems at 2 leaves.

Wildlife: Leave small piles of grass clippings under shrubs or hedges to encourage earthworms (a gardener's best friend)

Leave shallow bowls of water for birds and mammals. Create a hedgehog home for hibernation - somewhere covered and dry. This can be a loose pile of logs or a purpose-built house.

Remove faded flowers and leaves from pond plants and cut them back if necessary. Leave cut material on side of pond for a couple of days so that any wildlife can find its way back into the water. Top up water levels with rainwater if necessary.

Keep bird netting taut to prevent birds getting entangled.

Good gardening *Kevin*



MAKING A DIFFERENCE IN THE CONSTITUENCY

Having served on all three levels of local government prior to becoming MP, and given my youth worker background, I know how impactful the right support is for people facing difficulties. My ambition as your Member of Parliament has always been to be a constituency MP, where my focus is purely on South West Norfolk and doing everything possible to help you see and feel the difference from having an engaged, visible and dedicated representative. A large part of my role therefore is casework, where constituents get in touch with my office needing support.

When it came to forming my casework team, I wanted to ensure that when constituents emailed in, their experiences would be met with empathy and expertise. I set about finding caseworkers with extensive experience in agriculture, health and social care, welfare, education, and planning and infrastructure – all critical areas that have long-needed support in South West Norfolk. As a result, we are one of the only constituencies with a dedicated SEND caseworker.

To give you an insight into the volume of casework undertaken by the team and I, on average we open 20 new cases a day, totalling 7577 cases in the last year. Each case is a person needing support, and it can be complex work liaising with multiple organisations to implement the assistance needed. I think often of the people we have helped. For instance, the constituent who had been waiting months for a hospital appointment, their condition worsening, and despite their GP trying to escalate concerns, their appointment wasn't being brought forward. We raised concerns with the appropriate organisations, highlighting the clinical risks, and the constituent was provided an appointment within two weeks.

Or the constituent who had been facing long-standing issues with their poorly maintained rental property, which was impacting their children's health, and had resulted in them seeking temporary accommodation. My team and I liaised with the housing provider to get the necessary repairs completed and the family was able to move back into their home in time for the holidays.

Being an MP is a privilege and responsibility, and knowing the help we are providing every single day is one of the most rewarding parts of my role. Should you or someone you know need support, please email;

terry.jermy.mp@parliament.uk.

Last month, to mark my first year as MP, I held a summer listening tour where I visited dozens of villages across the constituency to meet with residents and hear your thoughts and concerns. The conversations and issues raised varied greatly. Thank you for taking the time to meet with me. *Terry Jermy MP for South Norfolk constituency since 2024.*

TOOL COLLECTION IN AUGUST



If you have tools to donate please contact Lynn or Tony Fry on 07554930054 or email

lynnandtony@outlook.com for collection.

OR bring your tools to the Church Coffee Morning on 2nd August 10-12. We cannot take broken tools or equipment.

Tools will be going to **Tools with a Mission** which is a Christian charity that collects unwanted usable tools, refurbishes them, sorts them into trade tool kits and sends them to the developing world for livelihood creation. Locally, they provide volunteering opportunities to older retirees who struggle with loneliness and isolation and support for community groups and refugees. In Sub Saharan Africa, their work is crucial in offering a way out of poverty for those who cannot afford to buy their own tools and have limited access to education or career opportunities. For more information their website is www.twam.uk

Agricultural tools: forks, spades, hoes, garden rakes, hand forks and trowels, loppers, secateurs, hand shears, cultivators, sickles, shovels, axes, and bow saws.

Builders' tools: levels, sledgehammers, bolsters, chisels, hammers and trowels, pin and lines, tape measures, hacksaws and blades, utility knife blades.

Haberdashery: needles, cottons, large material pieces or rolls, buttons, zips, tapes.

Fully working IT equipment: desktop computers and laptops running a minimum of Microsoft Windows 7, cables, laptop bags.

Please contact Lynn or Tony on 07554930054



Don't throw away any Christmas jumpers or partywear!

At our December Coffee Morning in Church we will be having a Christmas Clothes Swap. Please bring any Christmas clothes you are tired of to the collection box at the back of St Peter & St Paul's Church East Harling.

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EAST HARLING GARDENING CLUB

July was a busy month.

I joined Tony Fry for a questions and answer session at the Church in Harling whilst the monthly Community Café was in full swing. It didn't go quite to plan; the good people of Harling were there to enjoy the excellent cakes and coffee and a good muddle.

We were however approached individually for advice. Lesson learnt, next time do it as a stand-alone event. We will try to put a question-and-answer session in the Gardening Club programme for next year with a panel of gardeners.

We had a stall at the village fete and raised a reasonable sum for the club thanks to a donation of several high-quality plants. Despite the iffy weather the fete was well attended.

We were pleased to welcome some new members to our meeting, which was a talk entitled **Painful and Poisonous Plants** by Barry Gayton of Radio Norfolk fame. A fascinating talk with several common garden plants being surprisingly toxic.

Hopefully the population of Harling won't be reduced by too much as a result !!!

Our August meeting is the annual Flower and Vegetable show and social. Then in September we have a talk by Brigit Colson from Horse Welfare – more details in next month's Contact.

NORFOLK WILDLIFE TRUST BRECKLAND LOCAL GROUP

Well the weather played us up for the last two walks. We called off Cavenham Heath as it was supposed to be at least 30 degrees but then wasn't as hot as that!

6th July at Thompson to see dragonflies- it rained! But we did see 7 different species, which given the weather, was pretty good. At least it was warm and dried us out quickly.

3rd of August and 7th of September we have tours booked at Wild Ken Hill. They are fully booked, but if you're interested, let me know and I'll put you on a cancellation list.

Or watch last minute on Watton Facebook page.
> Contact me on 07788217651

HARLING 10K 2025.

This years race will take place on Sunday September 21st, start time 10.30 as usual from the Rec.

Anyone wanting to take part should either go to the Harling Athletics Club Website or to Total Race Timing and follow the link to register.

I will be contacting last years marshals again shortly to see if you are available again to help us out and also our onfield helpers .

If anyone knows anyone else who would like to help on raceday please let me know as the 3 or 4 hours of the race as you know can be very hectic but good fun. (many hands make light work.) In anticipation thanks everyone for your help, as I have said before without your help we could not stage the race.

Chid Blades and Harling Athletics Club.



East Harling Methodist Church invites YOU to...

'Monday Craft Café'

10am-12noon on the 1st and 3rd Mondays of the month

Next on 4th and 18th August

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Thursday 28th August
9.30 to 11am

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All are welcome – no need to knit, come to knatter!

The Dangers of Using a Mobile Phone While Driving

Using a mobile phone while driving is one of the most dangerous distractions on the road. Whether it's texting, calling, checking directions, or scrolling through apps, taking your attention off driving—even for a few seconds—can be fatal, especially in on rural roads.

Drivers using phones are around **four times more likely** to crash. *Looking at your phone for just two seconds at 60 mph means you're driving blind for over 30 metres.* It's not just about taking your hands off the wheel, but also your eyes off the road and your mind off driving.

In the UK, using a handheld phone while driving is illegal. Offenders face a **£200 fine and six penalty points**, with harsher penalties—including driving bans and prison—if an accident occurs.

No message is worth a life. Every year, families are devastated by crashes caused by mobile phone use behind the wheel. The tragedy is that these deaths are entirely preventable.

What Can You Do?

- Turn off notifications or use "Do Not Disturb While Driving" mode.
- Mount your phone securely if using it for navigation—and set your route before you move.
- Pull over safely if you must make a call or send a message.
- Lead by example—especially around younger drivers or children.

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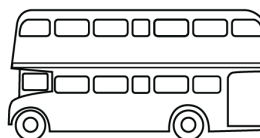
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Would you like to be a Calendar Girl / Boy?

You are invited to join us for an open evening and a read through of our next production: Calendar Girls. You may decide that you would like to do more than just watch our productions and become part of our group! It will be a relaxed and fun evening so join us for a drink and light refreshments. To register your interest please call **07729 777 077**

For every person on the stage, there are many more behind the scenes... If you would like to help bring theatre to life and you have a skill you think would be useful then please do come along to the open evening.

There is so much that is done behind the scenes and in preparation: Set design and build, make-up, sourcing props and costumes, stage management, lights, sound, marketing, hospitality, website and ticket sales to name but a few!

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The Silent Crisis: Mental Health and Depression Among Farmers and Agricultural Workers

Behind the peaceful image of rural life lies a growing mental health crisis within UK farming communities. According to the Office for National Statistics, agricultural workers have one of the highest suicide rates of any occupation in the UK. Male farm workers are nearly twice as likely to take their own lives compared to the national average.

Stressors include financial pressures, long working hours, isolation, climate uncertainty, and post-Brexit challenges. Many farmers inherit generational responsibilities, adding emotional weight to already demanding work. Seasonal and migrant workers face even greater difficulties, including low pay, poor living conditions, and limited access to healthcare.

A 2021 survey by the Royal Agricultural Benevolent Institution (RABI) revealed that 36% of farmers in the UK have experienced depression, and over 50% report poor mental wellbeing. However, stigma and limited access to services remain major barriers to getting help.

Thankfully, support is available via our advertiser YANA (see above) or any of these organisations listed below:

RABI (Royal Agricultural Benevolent Institution) Offers confidential counselling, financial aid, and wellbeing support. ☐ Freephone: 0800 188 4444 ☐ www.rabi.org.uk

The Farming Community Network (FCN) Provides pastoral and practical support for farmers and families.
☐ Helpline: 03000 111 999 (7am–11pm daily) ☐ www.fcnn.org.uk

Supporting those who feed the nation means ensuring their mental health is treated with the urgency and care it deserves.

DIARY DATES 2025 for fundraising events, outings etc. in the parishes in the Harling United Benefice. Full details appear in the magazine pages

A note on short forms for Venues for some events

1. EHSSC is East Harling Sports and Social Club (opposite E Harling Church on Church Road)
2. OSH is Old School Hall in Harling on School Lane
3. Feline Care is on Roudham road
4. BVH is Bridgham Village Hall

AUGUST 2025

- 2nd Community Café E Harling Church 10-12 and Tools Collection - see page 14
- 2nd EHSSC Vinyl Night, 8.30pm
- 2nd Feline Care Pop up Shop 10-1pm
- 4th E Harling Hub Coffee Morning OSH 10-12
- 5th E Harling Film Night 7.15 for 7.30 OSH
- 6th OSH Coffee Morning 10-12
- 6th BVH Wednesday Social 11-1pm
- 8th EHSSC Bingo – Eyes down 7.30pm
- 8th Harling Camera Club EHSSC Rudd Room 7pm
- 11th E Harling Hub Coffee Morning OSH 10-12
- 12th Gardening Club OSH 7.30pm
- 13th OSH Coffee Morning 10-12
- 16th **EHSSC Village Victory Day 80th anniversary event 12noon onwards**
- 18th E Harling Hub Coffee Morning OSH 10-12
- 20th BVH Wednesday Social 11-1pm
- 22nd EHSSC – Live music details to follow
- 23rd Bridgham Church Coffee Morning 10-12
- 28th Knit & Natter E Harling Church 9.30-11.00

SEPTEMBER 2025

- 2nd E Harling Film Night 7.15 for 7.30 OSH
- 6th Community Café E Harling Church 10-12
- 6th Feline Care Pop up Shop 10-1pm
- 7th OSH Yard Sales 9.00-2.00 pm see page 10
- 9th Gardening Club OSH 7.30 talk Horse Welfare
- 11th EHSSC Rudd Room Camera Club 7pm
- 12th EHSSC Bingo – Eyes down 7.30pm
- 12th Harling Camera Club EHSSC Rudd Room 7pm
- 12th Friends of E Harling Church History&Music evening
- 13th Methodist Church Hall Jam and Chutney making 10am – 2pm details see page 5
- 13th Harling Back to the Future film show
- 17th OSH Lunch 12 for 12.30
- 20th Harling Back to the Future film show
- 21st HARLING 10 K race 10.30 see page 16
- 27th Bridgham Church Coffee Morning 10-12
- 27TH EHSSC – BIG QUIZ 6.45 for 7.30pm start

OCTOBER 2025

- 9th Harling Camera Club
- 17th East Harling Church Auction of Promises

CONTACT is published monthly by East Harling Parochial Church Council and items for the August edition should be submitted to the editor by email by 12th July at the ABSOLUTE LATEST. Please ensure that the sender's name and address or telephone number is included in all communications .Please don't wait until the last day as we cannot guarantee last minute items will be printed.



**TOOLS WITH A MISSION
COLLECTION TODAY**

SATURDAY 2ND AUGUST

**East Harling Church
10am-12.00 noon**

Coffee, tea and soft drinks will be served all morning. You will find a warm welcome, the opportunity to chat with neighbours and friends, to sample some delicious home-made cakes

Everyone Welcome!

**Tuesday 5th August
FILM NIGHT**

**In Harling Old School Hall
Film starts at 7.30 pm**

**Open at 7.15pm for crisps, popcorn, soft drinks, teas & coffees
Bring Your Own Bottle!**

A romantic comedy, the heroine (Renee Zellweger), a widowed single mother, navigates the challenges of parenthood, work, and modern dating with the support of her friends, family, and former partner, Daniel Cleaver (Hugh Grant). As she re-enters the dating world, she finds herself pursued by a younger man (Woodall) while also forming an unexpected connection with her son's science teacher (Ejiofor).

**£5.00
EVERYONE WELCOME**

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